GRADE 1 RIDING & HORSE CARE

TRAINING AID

What does a horse drink?



A horse drinks water

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Horses feel thirsty like us Horses need water to survive They can drink from water buckets or from water troughs Horses must have access to water at all times

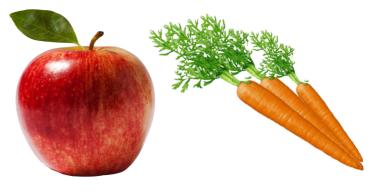
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A horse may also eat these things:

Horse and

pony mix

Apples and carrots can be tasty treats for horses, but they should only be given to them once a day



Where does a horse live?

What does a horse eat?





A horse eats grass

Horses like to eat grass Grass grows in a paddock or field

A horse may also eat hay

Hay is harvested, dried grass Hay feels rough to the touch and smells sweet









Treats

A horse lives in a **field**

A horse may also live in a stable

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TRAINING AID

A horse with tack

When we are ready to ride, we put special equipment called **tack** on a horse

This is called tacking up

Tack must be fitted carefully so that the rider and the horse are safe and comfortable

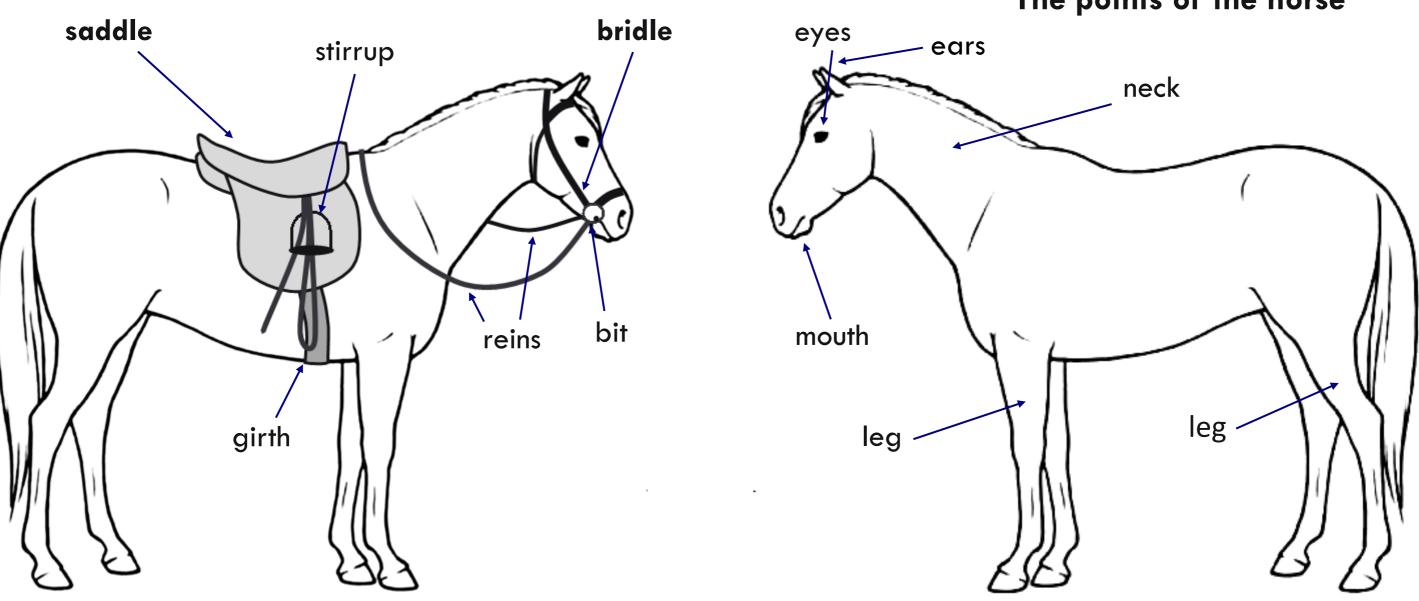
Tack is used to help the rider to control the horse

Tack should only be used on the horse when it is being ridden

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Staying safe around horses

- ✓ Always try to approach the horse from the side or the front—never from behind
 - \checkmark Always walk calmly and sensibly towards your horse
- \checkmark Say your horse or pony's name and talk to them. They may recognise your voice!
 - × Never shout, make any loud noises or run near horses



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The points of the horse